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-2013

⋮
⋮

Амбулаторная и стационарная помощь

2005 . 2010 . (189 18.04.2013. 2011 - 2012 .)

2014 .,

Е-mail: kg_imci@mail.ru, as_aigul@yahoo.com : (996-312), 66-05-00

Данное клиническое руководство может использоваться и воспроизводиться только с разрешения авторов и с соответствующей ссылкой

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.....	5-6
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.....	7-8
.....	8-9
.....	9-15
.....	11-12
.....	13-14
.....	14-15
1 (:).....	16-17
2 ().....	18
3 ().....	19
4 (- -).....	20-22
5 ().....	23-25
6 ().....	25
7 (.).....	26
8 ().....	27-34
9 (,).....	35-36
.....	37

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0 30% ,
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 ISAAC
 (. . .)
 12,2% 14,6% (6-7 13-14
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 2005 . / : “
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 ” 2010 .,
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- 2.
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ВНЕШНИЕ ЭКСПЕРТЫ

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A, B, C, D.

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B	•	(++) - (++) -
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C	•	. - , (+),

D	•	(++ +),	.
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10[2].

- J45 -
- J45.0 -
- J45.1 -
- J45.8 -
- J45.9 -
- J46 -

() - ,
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 (,) [3].

1.

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•	• : , , (,) ,
•	•) , ((,) , .),
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(.2)

[3,4].

2.

			(%)
		2	$\geq 80\%$

	1 ()		$\alpha_1 < 20\%$
	1 1 ()	2	$\alpha_1 \geq 80\%$ $\alpha_1 - 20-30\%$
-	β_2	1	() 60-80% $\alpha_1 > 30\%$
			() 60% $\alpha_1 > 30\%$

[3-7].(.3) 1

3.

[3]

	()	()	()
, , :	2 (, , c)	> 2 (,)	
	(,)	:	
/		:	
() 1) 5		$< 80\%$ ()	
	2	> 2	

[3]

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2. ;

3. () 5
(2).

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- (, ,
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1. ()
 2. :
 3. , :
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1. . , , (2 ') () [3].

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- ; ()
- () ; ()
- , () 5 ;
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2. .
- (. 1).
3. , . (. 2)
- 4). (

[3,9].

5

(.1)

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(.4).

4.

[3]

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2-

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(5),
 (.5).
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 2-
 () [3,9].

[3,9]:
 1.- 2- 2-4 5 (5)
 / 750 , . / 20 .
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 80%)
 , 3-4 ,
),

2.
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 0,5 - 1 / ;
 - / / 1-2
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 (0,5 - 1 / /) 3- .

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[3,9]. 3. (2-)
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	,			()
¹ ,	<100	100-120	>120	
:				
		2-12 1-2 2-8	<160 <120 <110	
%	80%	60-80%	<60%	<60%
-				
SaO ₂	>95%	91-95%	<90%	<90%

1.

5 , ,
 ,
 , 2500 90%,
 (> 2500), ,
 , SpO2 87%. , 15
 ,
 (S O2) <90%, (S O2) >90%.
 1-2 / (0,5 /),
 30-35%,
 45-60%.

2.

2-20 (2)
 2-4 () 2,5 (. . 0,5 5 /) 4 .,
 6-8 .,
 2-4 . .
 (, S O2).
 (5). 3-4

3.

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 , 20)
 () 3-4 ,
 6-7 , 4 .
 - 5 6 , 2
 , 2

4.

1-2 3 (8). 0,5 -
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1-2 / .
.0,5 - 1 / 3 , .

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/ 5-6 / ,
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24 .

6.
7. , .
6 .

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80%

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2-3

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120 ()

190 /

± 20%

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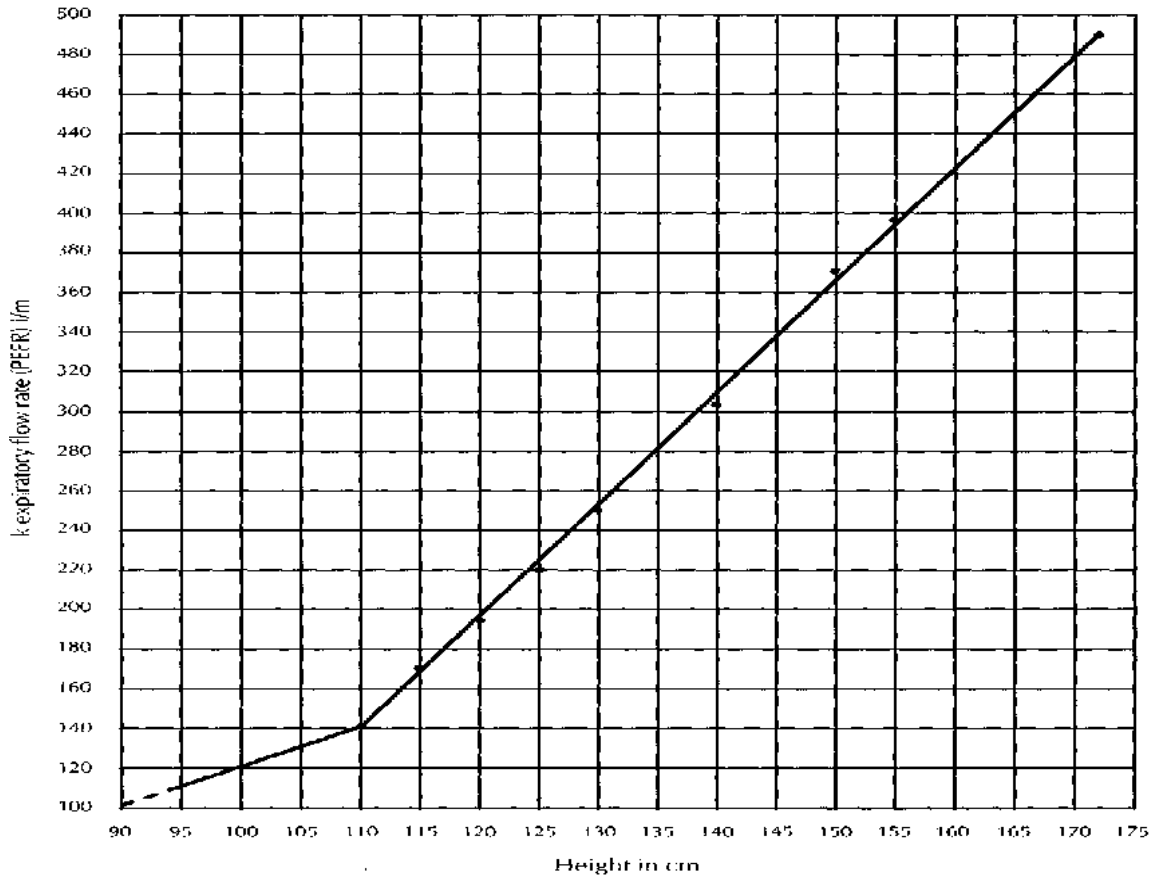
80 %

79 - 60%

60%.

“

” [4]



- 20% . 80% , ,
- , 60% - 80%
- 2 - 20-30% . 60%
- , 30% 60%

- () - ,
- $1(1 -) - ,$
- $1/1 - 80-100%$ $1 () .$
- $1/ \leq 70%$.

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- 3.

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2. 5 .) .

- 2^{-12} ; -
- 2^{-24} ; 3 ;
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 “ ” “ ”

<i>(Children Asthma Control Test)</i>	4-11
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2. , ?
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5. 4 , .
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 11-18 -2
 19-24 -1
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6.		4	-
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11-18	-2		
19-24	-1		
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7.		4	-
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1-3	-4		
4-10	-3		
11-18	-2		
19-24	-1		
	-0		

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19

20

12 <i>(Children Asthma Control Test)</i>
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•	-5		
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- 3- 6- - 3
- 1 2 - 4
- - 5

3. ()? , , , -

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- 4 - 1
- 2-3 - 2
- - 3
- 1 2 - 4
- - 5

4. (: (, , , ,) , ,)

(, , , ,)?

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- 1 2 - 2
- 2 3 - 3
- 1 - 4
- - 5

5. 4 ? ,

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- 3. 750
- 4. ()

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- 2.

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() [3] () 5 6.

	100-200	> 200-400	>400
	100-200	>200-400	>400
	500-750	>750-1250	>1250
	100-200	>200-500	>500
	100-200	>200-400	>400
	400-800	>800-1200	>1200

<p>- -</p> <p>(,)</p> <p>- (.)</p> <p>- (.)</p> <p>- (.)</p> <p>- () (-)</p> <p>-</p> <p>-</p>	<p>- -</p> <p>(,)</p> <p>- (-)</p> <p>- (.)</p> <p>- (.)</p> <p>- (.)</p> <p>- () (-)</p> <p>-</p> <p>- (.)</p> <p>-</p>
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1. $\frac{12}{4} = 3$
 2. $\frac{25}{25} = 1$
 3. $\frac{250}{25} = 10$
 4. $\frac{125}{25} = 5$
 5. $\frac{50}{50} = 1$
 6. $\frac{25}{25} = 1$
 7. $\frac{30}{2-6} = 15$
 8. $\frac{4, 5, 6}{4} = 1.5$

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CYP3A4

CYP3A4

CYP3A4)

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CYP3A4

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5-7

87%.

/ 30 $T_{1/2}$ 17,21- 64% 14% 96

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- 50-100 , 400 / , - 2-4 / . 1-4 / .

II III

US National Guideline Clearinghouse (NGC) American Medical Association	http://www.guideline.gov http://www.ama-assn.org
Canadian Medical Association (CMA) Health Canada – Population and Public Health Branch (PPHB)	http://mdm.ca/cpgsnew/cpgs/index.asp http://www.hc-sc.gc.ca/pphb-dgsp/dpg_e.html
National Institute for Clinical Excellence (NICE) PRODIGY Clinical Guidance Scottish Intercollegiate Guidelines Network (SIGN)	http://www.nice.org.uk http://www.prodigy.nhs.uk/ClinicalGuidance http://www.sign.ac.uk
German Guideline Information Service (GERGIS)	http://www.leitlinien.de/english/english/view;
Australian National Health and Medical Research Council (NHMRC)	http://www.health.gov.au/hfs/nhmrc/publicat/cp-home.htm
New Zealand Guidelines Group (NZGG)	http://www.nzgg.org.nz/library.cfm http://www.osdm.org
()	

(Yandex, Rambler)

(Yahoo, AltaVista, Google, DoctorGuide)
(search engines)

“ ” (MEDLINE).

Ключевые поисковые слова

(*bronchial asthma*), (acute), (*diagnosing, diagnostics*), (*treatment, therapy, management*), , (*primary care*), (children), (*clinical practice guideline(s), recommendation(s), clinical guidance(s), standard(s), protocol(s), (evidence based medicine)*). —

2007 2011 .

В результате проведённого поиска было найдено 4 клинических руководства по бронхиальной астме у детей, которые содержали необходимую информацию, соответствующую задаче рабочей группы.

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